

Beat The Cold Winter Triathlon Course Map



Legend

- Run (out & back)
- Bike (out & back)
- Skate (out & back)
- Start/Finish Lines
- Transition
- CM Course Marshal
- FA First Aid
- WA Water Station

Order
Run, bike, skate
Each discipline is a ~2.5k route out and back.
Note: there is no water on course. Water can be filled in The Forks Market.